



## The Good Life

Matthew 16:24-26; Luke 9:23-26 John 12:25;  
John 10:10; 1 Corinthians 15:36-38; Galatians 2:20

**Weekend of Sept. 14-15, 2019**

### Sermon Summary

What is the "good life" and how do you live it? We tend to look around and try to grab for ourselves a life that is "better than". But Jesus offers a life he calls "abundant" and invites us to die to get it.

### Discussion Questions

If you can snap your fingers and be transported to any place in the world right now, where would it be?

How would you describe "the good life"?

Ben used the following table to carry us through the sermon:

THE GOOD LIFE	
Healthy Relationships	→ Love and Trust
Inner Joy and Peace	→ True Happiness
Sense of Purpose	→ "My life matters"

How do you see these 3 things (and the outflow of each) leading to the good life?

Why is it so easy to lose focus of these things?

### **Read Matthew 16:24-26 and John 10:10**

How do these two verses work together?

What does it *really* mean to deny yourself and take up your cross?

How can the group pray for you in this pursuit?

### Make the Application / Tear-off Question

What is your next step in pursuing (trusting) Jesus' promise to living life to the fullest?

### Memory Passage

**John 12:25 – “Anyone who loves their life will lose it, while anyone who hates their life in this world will keep it for eternal life.”**

### Verses We Read Together in Worship

Jeremiah 29:12-13

Ephesians 4:21-24

### Songs We Sang Together in Worship

Praise Him Forever

God of All My Days

Take My Life

Surrender

Live with Abandon