



## Self-Control

Galatians 5:22-23; 1 Corinthians 9:24-27;

2 Peter 1:6; 2 Timothy 1:7;

Romans 6:19-21; Romans 7:7-25

**Weekend of August 29-30, 2020**

### NorthRidge Value of the Week

**Excellence** - We value striving for excellence in the things that honor God.

### Sermon Summary

I've always thought this the funny fruit. I was taught to give God control. Then I read this. The result of the Holy Spirit's work in my life is self-control. How does that work? This week we will talk about it.

### Discussion Questions

What food item (desserts included) cause you to lose self-control?

Can you identify the thing in us that makes self-control so difficult at times?

### **READ 1 Corinthians 9:24-27**

How does this passage point to the importance of self-control?

Pastor Ben mentioned that the Spirit of God gives us dignity through self-control. We can grow in that self-control by:



Are one of these three things more difficult for you and the others? Why do you think it is difficult? Have you ever successfully overcome not being able to do one of these?

How can the group pray for you and help you to overcome this?

**Memory Passage**

2 Timothy 1:7 – “For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.”

**Verses We Read Together in Worship**

1 Timothy 2:1-6

**Songs We Sang Together in Worship**

Graves into Gardens

Come Thou Fount

Lord I Need You

Lay Me Down